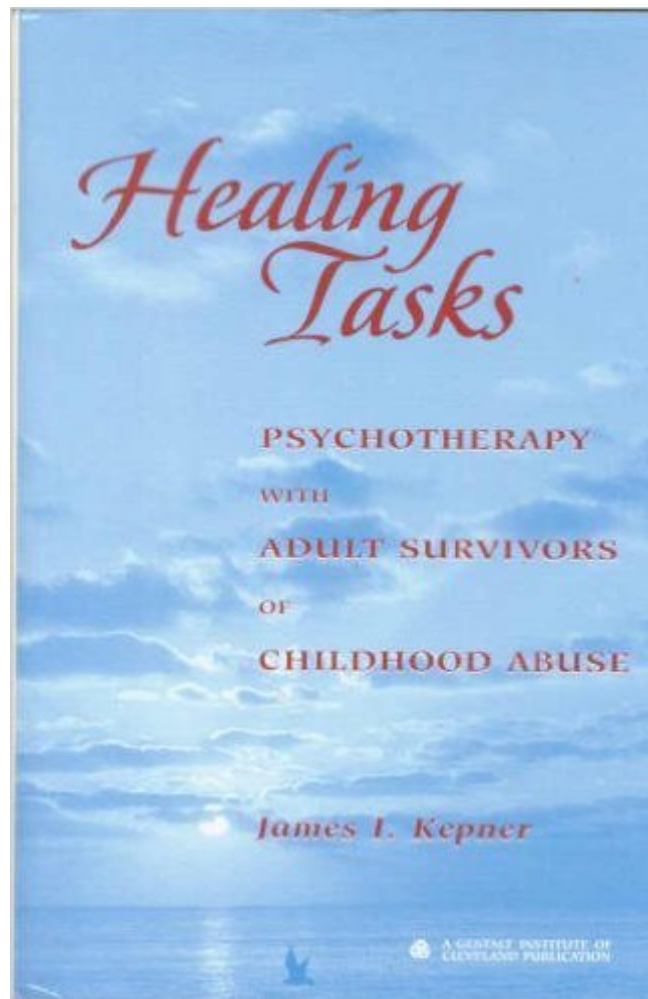


The book was found

Healing Tasks: Psychotherapy With Adult Survivors Of Child Abuse (Gestalt Institute Of Cleveland Publication)



Synopsis

Presenting a model for working with survivors of abuse and other traumas, this study is based on developmental stages of healing, together with particular healing tasks that belong to each stage.

Book Information

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Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

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Customer Reviews

Jim Kepner has wrote an easy-to-read, accessible book for any therapist who works with trauma. (I have suggested the book to a number of my clients who have found it quite helpful as well.)Dr. Kepner looks at the PROCESS of treating trauma, something that seems to be left out of the literature in our modern day rush to overprescribe medications and search for quick fixes. I have found this book and the model he describes in it, to be very helpful as a "road map" of sorts in my own work.Finally, I have had the great priviledge of being able to study directly with Dr. Kepner. I find him to be highly intelligent, insightful and passionate about the work that he does. Dr. Kepner and his colleague Carol DeSanto have been creating an energetic process of working with trauma that they have called "Nervous System Energy Work". For anyone interested in subtle energy (such as Reiki), I would invite you to learn more about NSEW at Dr. Kepner's website: [...]

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